

# SIZING FOR EVERY BODY

TAKE THE GUESSWORK OUT OF SIZING. THE FIRST STEP TO ANY GOOD FIT IS HAVING THE RIGHT MEASUREMENTS. NEED MORE INFORMATION? ASK FOR A SPEC SHEET. WHILE SIZE CHARTS OFFER A BASIC GUIDELINE FOR FITTING, SPEC SHEETS OFFER A UNIQUE SIZE CHART FOR EACH GARMENT.



## ADULT SIZES

**CHEST** — With arms down at sides, measure around the upper body, under arms and over the fullest part of the chest.

**NECK** — Measure around the base of the neck, inserting a finger or two between the tape and neck for comfort.

**WAIST** — Measure waist at the height pants are normally worn, and keep tape comfortably loose.

**SLEEVE** — Place hand on hip. Start at the center of the back of the neck and measure across the shoulder, to the elbow, and then down to the wrist.

**INSEAM** — Measure a similar style pant that fits well and is the desired length. Measure from the crotch seam to the hem.



## LADIES SIZES

**BUST** — With arms down at sides, measure around the upper body, under arms and around the fullest part of the bust.

**WAIST** — Measure at the natural waist, and keep tape comfortably loose.

**HIPS** — Stand with heels together, and measure around the fullest part of the hips.

**SLEEVE** — Place hand on hip. Start at the center of the back of the neck and measure across the shoulder, to the elbow, and then down to the wrist.

**INSEAM** — Measure a similar style pant that fits well and is the desired length. Measure from the crotch seam to the hem.